



NEWS RELEASE

**FOR IMMEDIATE RELEASE**  
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**VCC TO HOST HEALTH AND HOPE FOR OUR YOUTH GALA**  
**Annual Fundraiser benefits children and youth**

VISTA, CA—Vista Community Clinic (VCC) is pleased to announce the annual Health and Hope for Our Youth Gala on Saturday, Nov. 19 from 6 to 10 p.m. at the Omni La Costa Resort & Spa in Carlsbad.

Proceeds from the gala will benefit VCC's affordable, high quality pediatric medical and dental services, and youth development programs for low-income middle and high school students.

The evening will begin with a cocktail reception and casino games at the elegant Costa Del Sol ballroom. The cocktail reception will be followed by dinner and live auction featuring items such as a trip to Hawaii, a stay at a Big Bear vacation home, and an elegant dinner for 12 at the beautiful residence of a Rancho Santa Fe wine maker. A video program will highlight the impact of VCC's programs for children and youth.

Clint Bell, a well known auctioneer in the San Diego area, will conduct the live auction and serve as master of ceremonies.

The gala is the biggest fundraiser for VCC, known for its exceptional health services for low income, uninsured and underserved patients in San Diego, Riverside and Orange counties.

"Our annual gala raises vital funds to ensure that the children and youth in the communities we serve have access to affordable, high quality health care and youth development programs to flourish and reach their full potential," said Fernando Sañudo, Chief Executive Officer of VCC. "These services lay the foundation for healthy futures. Because of what we do, children are succeeding in school. They are graduating from high school, setting goals for college and inspiring others around them. We are counting on the generosity of our friends and supporters to help us make this a successful event and allow us to continue our work in the community."

The annual Health and Hope for Our Youth Gala attracts business and civic leaders, and members of the region's health care community. The 2015 gala drew more than 400 friends and supporters of VCC and raised \$250,000 to benefit programs and services for children and youth.

**Support the gala:** Tickets to Health and Hope for our Youth are \$200 per person. Many levels of sponsorships are available. For tickets and sponsorships, please contact Betsy Heightman at 760.631.5000 x1139 or [Betsy@vcc.clinic](mailto:Betsy@vcc.clinic).

## **About VCC's services to children and youth**

**Pediatrics:** Each year, VCC provides medical and dental services to more than 18,000 children of all ages, from birth up to adulthood. Services include well visits, immunizations, sports physicals, treatment for illness and injury, asthma care, and screenings for hearing, vision and tuberculosis. Services are provided regardless of family income or insurance status. No child is turned away because the family is too poor to afford the care.

**A+ Dental Health Program:** The dental clinic on wheels visits school sites and community centers to provide dental exams, oral health education and referrals to dental care clinics.

**CHOICES Teen Clinic:** Since 1996, the Teen Clinic has provided free, confidential reproductive health education and services to thousands of teens. The clinic also serves as a valuable training ground for young employees, many of whom have moved on to pursue education and careers in health care, social services and education.

**Youth development programs:** Since the mid-1990s, VCC has offered two youth development programs. Project REACH, with three locations in Vista and Oceanside, provides afterschool supervision, tutoring, education for the prevention of teen pregnancy and gang involvement, and support and resources to encourage participants to pursue college education. The program is free and open to all North County youth. Step Up is a three-tier mentoring program with participation from college, high school, middle school and elementary school students.

## **ABOUT VISTA COMMUNITY CLINIC**

With seven locations in San Diego, Riverside and Orange counties, VCC provides affordable, high quality health care to more than 57,000 patients of all ages. Services offered by VCC include primary care, pediatrics, prenatal and women's health, optometry, dental care, chiropractic services, behavioral health and podiatry. VCC also offers a wide array of innovative health education programs for all community residents and free health insurance enrollment services. VCC is recognized by the National Committee for Quality Assurance (NCQA) as a Level 3 (highest) Patient-Centered Medical Home. For more information, please call (760) 631-5000 or visit [www.vcc.clinic](http://www.vcc.clinic).

### **MEDIA CONTACTS**

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