FOR IMMEDIATE RELEASE
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Vista Community Clinic Announces Partnership with Feeding America San Diego

Monthly Food Distribution Helps Patients with Diabetes

VISTA, CA--Vista Community Clinic (VCC), a leading provider of affordable, high quality health care to the residents of San Diego North County, has formed a six-month partnership with Feeding America San Diego in an effort to assist patients with diabetes.

Beginning in June, Feeding America San Diego, part of a nationwide network of food banks, will provide 1,800 pounds of food each month to VCC for distribution to 300 patients with diabetes. Each patient will receive about six pounds of diabetes-friendly food items such as beans, whole grain breads, and fruits and vegetables.

The first distribution will take place from 9 to 10:30 a.m. and 3:30 to 5 p.m. on Tuesday, June 16 and Wednesday, June 17 at VCC’s flagship clinic on 1000 Vale Terrace Drive in Vista.

“This collaboration brings together two organizations with closely aligned goals to help the neediest in San Diego County,” said Fernando Sañudo, CEO, Vista Community Clinic. “I thank Feeding America San Diego for partnering with VCC and for allowing us the opportunity to help our mostly low-income diabetic patients eat healthier and better manage their condition.”

Diabetes is a disease that afflicts more than 29 million Americans. Complications include heart disease, stroke, kidney disease and blindness. A nutrient-rich diet of fruits, vegetables and whole grains plays a major role in controlling blood sugar levels, maintaining a healthy weight and avoiding or delaying complications. VCC provides full range of services that include medical treatment, consultations with dieticians and diabetes self-management education to help patients become active participants in their health care.

To schedule a visit during the Vista Community Clinic food distribution on June 16 or June 17, please contact Communications Specialist Triveni Sheshadri or Chief Development Officer Betsy Heightman.
ABOUT VISTA COMMUNITY CLINIC

With five locations in the cities of Vista and Oceanside, Vista Community Clinic provides affordable, high quality health care to more than 57,000 residents of North San Diego County. Services offered by VCC include primary care, pediatrics, prenatal and women’s health, optometry, dental care and behavioral health services. VCC also offers a wide array of innovative health education programs for all community residents. VCC is recognized by the National Committee for Quality Assurance (NCQA) as a Level 3 (highest) Patient-Centered Medical Home. For more information, please call (760) 631-5000 or visit vistacommunityclinic.org

ABOUT FEEDING AMERICA SAN DIEGO

Established in 2007, Feeding America San Diego (FASD) is the largest hunger-relief organization in the county, distributing 21 million meals within the last year, and the only Feeding America affiliate in the region. FASD works closely with more than 150 partner agencies, local school districts, corporate partners and a network of volunteers to serve 59,000 children, families and seniors each week. Devoted to feeding the hungry, advocacy and education, FASD is building a hunger-free and healthy San Diego through innovative programs and collaborative partnerships. To learn more about Feeding America San Diego and its hunger-relief initiatives, visit feedingamericasd.org.

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