FOR IMMEDIATE RELEASE
July 28, 2015

VCC Marks National Health Center Week with Health and Resource Fairs

VISTA, CA—Vista Community Clinic (VCC) will mark National Health Center Week 2015 with two free health and resource fairs.

Schedule

Wednesday, Aug. 12, 9 am-1 pm
VCC: North River, 4700 North River Road, Oceanside

Saturday, Aug. 15, 9 am-1 pm
VCC: Vale Terrace, 1000 Vale Terrace Drive, Vista

Both events are open to the public. VCC staff will offer free blood pressure and glucose screenings, and information about VCC medical and dental services, health education programs, and health insurance enrollment assistance. There will be activities for the entire family.

The VCC health and resource fairs are part of National Health Center Week, a weeklong nationwide campaign from Aug. 9-15 to raise awareness about the accomplishments of the country’s health centers which began 50 years ago as a pilot project under President Lyndon Johnson’s War on Poverty. Health centers have been successful in reducing health disparities, reducing infant mortality rates and reducing unnecessary hospitalizations and visits to emergency rooms.

VCC was founded in 1972 by community volunteers to fulfill an urgent need for high quality, affordable health care services for underserved populations including the low-income, the uninsured, the unemployed and the migrant workers of San Diego North County. From its small beginnings in donated space, VCC has grown to include five state-of-the-art health clinics in the cities of Vista and Oceanside. Each year, VCC treats more than 57,000 North County residents with affordable, high quality primary care, women’s health, pediatrics and dental services. VCC also offers a wide array of health education programs in youth development, tobacco control, maternal and child health, and HIV prevention.
In its quest to continually improve patient access to care, VCC has recently added certain specialty services. These include psychiatric care, optometry and chiropractic services. This is a major step forward in fulfilling a great need for timely and integrated specialty care among VCC’s predominantly low-income and uninsured patients who have historically experienced challenges in accessing these services.

“I see evidence of our transformational care in our waiting rooms, in the young children thriving in schools and in the healthy men and women who are working and raising families,” said VCC Chief Executive Officer Fernando Sañudo. “National Health Center Week is an opportunity to reflect on and take pride in our achievements and those of other health centers across America.”

**About Vista Community Clinic**

With five locations in the cities of Vista and Oceanside, VCC provides affordable, high quality health care to more than 57,000 residents of North San Diego County. Services offered by VCC include primary care, pediatrics, prenatal and women’s health, optometry, dental care, behavioral health, and chiropractic services. VCC also offers a wide array of innovative health education programs for all community residents. VCC is recognized by the National Committee for Quality Assurance (NCQA) as a Level 3 (highest) Patient-Centered Medical Home. For more information, please call (760) 631-5000 or visit [www.vistacommunityclinic.org](http://www.vistacommunityclinic.org).

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