Save the dates: VCC Health and Hope for Our Youth Gala, Nov. 19 & Holiday Homes Tour, Dec. 4

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A Message from Angie Perez

President, VCC Board of Directors

It's a great honor to be named the new president of the VCC Board of Directors.

I am a critical care nurse at Tri-City Medical Center and a San Diego North County resident. I have served on the VCC Board of Directors since 2006. It's been a greatly rewarding experience to work with my fellow directors and members of the VCC administration. I eagerly look forward to my new role as board president to support VCC's important work to nurture healthy communities.

I would like to take this opportunity to remind you that the 2016 Health and Hope for Our Youth Gala is on Saturday, Nov. 19 at the Omni La Costa Resort & Spa. The elegant annual event will feature dinner, dancing and entertainment. Proceeds from the fundraiser will benefit the pediatric programs and youth development initiatives at VCC. Please become a gala sponsor and support bright futures for the children and youth in the communities we serve. For more information on sponsorship opportunities, contact Betsy Heightman at (760) 631-5000 x1139 or email Betsy@vcc.clinic.
A Young Girl Has Much to Smile About

When five-year-old Charlene came to live with her grandfather Jose, he noticed that she was not eating well. Dinner time usually ended with the youngster bursting into tears.

Concerned about his granddaughter, Jose brought her to see a VCC dentist.

When Dr. Rebecca Cornille took a look at her patient, she saw a youngster whose tooth decay needed immediate attention. She began a course of treatment to restore the health of Charlene’s teeth and gums.

Today Charlene is a bubbly and playful youngster who loves school, and visits to the playground and the library. Free of pain, she enjoys eating a variety of foods.

Charlene is not only feeling better, but she and her older sister Melissa have learned how to take care of their teeth and gums, thanks to the dental health do’s and don’ts from Dr. Cornille. The sisters are diligent about brushing and flossing every day, and limiting their intake of candy.

VCC Health Report to the Community

On August 18, VCC hosted the first Health Report to the Community at the Shadowridge Golf Club in Vista.

The breakfast event was an opportunity for more than 170 friends, supporters and representatives of partner organizations to learn about VCC’s high quality health services, innovative health education programs and the most recent initiatives to advance the health and wellness of our patients.

Chief Executive Officer Fernando Sañudo gave an overview of recent accomplishments including VCC’s impact on job growth in North County, the opening of VCC health centers in Riverside and Orange counties, partnerships in the community, and the introduction of specialty care at VCC. Dr. Kelly Motadel, Chief Medical Officer, spoke on primary care and the role it plays in disease prevention. Raye Clendening, member of the VCC Board of Directors, spoke on the impact of the Project REACH youth development program and gave an overview of the recently launched Medical Assistant Training Program. Nannette Stamm,
community at VCC. The dental department staff members collected toys and other gifts for Charlene and Melissa during Christmas. Dr. Cornille took them out for Christmas dinner.

“They truly care about us,” Jose said. “I am very grateful for everything they have done for my family.”

Chief Health Promotion Officer, spoke on community-based health initiatives such as Dads’ Club and A+Teeth Dental Health Program. Chuck Matthews, North Coastal and North Inland Regions Director of the San Diego County Health and Human Services Agency, lauded VCC for the important role it has played in ensuring that underserved residents of North County have access to affordable, high quality health services.

Training Health Care Professionals of the Future

As a young girl, Kassandra's most important role model was her mother Maria, a registered nurse who began her career as a medical assistant at VCC.

Maria's work ethic, her enthusiasm to get to her job every morning, and her compassion for her patients made a strong impression on Kassandra. She was also impressed by her mother's determination to further her education and advance in her career. Ever since she can remember, Kassandra has wanted to work in health care.

On Sept. 6, she took the first step in the journey to fulfill her dream. She was among the first cohort of 29 students who began classes for the Medical Assistant (MA) Training program, developed jointly by VCC and Cal State San Marcos.

A Thank You to Our Funders

Our programs and services are made possible by the generous support of government and private funding organizations.

Boys & Girls Foundation: $2,810 to take Project REACH youth for a tour of UCSD and participation in a ropes challenge course.

City of La Habra: $2,000 for food pantry operations.

City of Lake Elsinore: $12,500 Community Development Block Grant for an outreach and education worker in Lake Elsinore.

City of Oceanside: $13,580 Community Development Block Grant to support Project REACH and $7,500 to support Club 55 in Oceanside.

City of Vista: $13,136 to support Wellness Clinic staff.
careers in health care, the six-month MA Training Program combines classroom instruction from CSUSM School of Nursing faculty and clinical experience. Students learn how to administer injections, take vital signs, schedule lab tests, assist in procedures and educate patients on treatment protocols.

The $2,000 tuition is considerably lower than the cost of similar programs offered through private institutions, and includes the cost of textbooks.

The MA Training Program is an important step forward in meeting the growing demand for qualified health care workers in area hospitals and health centers. In North County San Diego, a rapidly expanding patient population has created an acute need for qualified medical assistants.

"What I hope to achieve through this program is to be a great medical assistant and obtain the knowledge and set of skills that will allow me to better help my community," Kassandra said. "My long term goal is to work my way to have my masters degree in nursing."

activities and VCC Health Report to the Community.

Health Center Programs of Southern California: $70,000 to help families enroll in Medi-Cal.

HRSA Oral Health Services Expansion: $300,000 to purchase and staff a new mobile dental clinic in Lake Elsinore.

Institute for Healthcare Advancement: $4,403 to provide drug and alcohol treatment.

Kaiser Permanente Riverside: $20,000 to support outreach and enrollment staff in Lake Elsinore.

Orange County Health Care Agency: $80,000 to provide Medi-Cal special needs services; $214,212 to provide dental and mental health services for uninsured patients; and $346,410 to provide outpatient services for people with substance abuse issues.

San Diego Women's Foundation: $51,504 to support the new Medical Assistant Training Program in collaboration with CSUSM.

Sisters of St. Joseph Foundation: $20,000 for school-based counseling in La Habra.

Soroptimist International of Oceanside-Carlsbad: $1,600 for a camping trip for Oceanside girls.

Tri-City Healthcare District: $34,000 for hiring a behavioral health manager.
Save the Date: Holiday Homes Tour is on Dec. 4

Mark your calendars for the 30th annual Holiday Homes Tour! This year's event will feature four beautiful Vista homes with breathtaking holiday décor, the historic Rancho Buena Vista Adobe, a gourmet food truck, holiday bazaar and opportunity drawing for fabulous gift baskets.

Holiday Homes Tour benefits the VCC Kare for Kids Fund, dedicated to creating warm, welcoming and educational pediatric waiting areas and exam rooms for our young patients and their families.

We look forward to welcoming you at the Holiday Homes Tour! We ask that you also consider becoming a sponsor of this premier home event. For more information, please contact Betsy Heightman at (760) 631-5000 x1139 or Betsy@vcc.clinic for more information.

AmazonSmile: An Easy Way to Support VCC

Here's another easy, convenient way to support VCC at no cost to you!

AmazonSmile (https://smile.amazon.com) is a shopping website operated by Amazon.com. The only difference is that the AmazonSmile Foundation will donate 0.5 percent of the purchase price of eligible products to the charitable organization of your choice when you shop at AmazonSmile.

We ask that you please keep this in mind and select VCC as the charitable organization of your choice when you shop in the upcoming holiday season and in your purchases throughout the year. AmazonSmile features the same products and prices as Amazon.com.

We thank you in advance for your support.